

- There is a need for a **practical** system that can **identify** human physical activity to enable intelligent workout feedback and virtual coaching.
- Such a system should be able to classify an athlete's actions from only limited examples since it is not feasible to collect a large quantity of human data for every action of interest.

### SU-EMD

Stellenbosch University Exercise Motion Dataset: a novel **dataset** of skeleton motion sequences of seven common strength and conditioning exercises as captured by both a markerless and marker-based motion capture system.

- 420 examples
- 4 subjects
- Skeleton compatible with **NTU RGB+D** and **OpenPose**.



Kettlebell swing



















# One-shot skeleton-based action recognition on strength and conditioning exercises Michael Deyzel, Rensu P. Theart

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Markerless



#### Deep metric learning of exercise motion

Skeleton action sequence

[T,J,3]





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Train a state-of-the-art spatio-temporal graph convolutional network (ST-GCN) with a one-shot metric learning paradigm to learn skeletal motion features to project dissimilar actions further away and similar actions closer together in the learned metric space.

GCN feature extractor  $f_{\Theta}$ 



Input skeleton sequence

### **Triplet margin (TM) loss**



 $f_{\Theta}(\mathbf{X})$ 

## Experiments

			Accuracy@1 [%]	
Loss	EPS	Augmentations	128	512
TM	No	Rot, Pivot, Drop, Move	36.6	36.7
TM	Yes	Rot, Pivot, Drop, Move	37.0	37.7
$\mathrm{TM}$	Yes	None	37.9	37.5
MS		Rot, Pivot, Drop, Move	<b>46.2</b>	45.8
MS		None	44.1	43.8

Ablation study on NTU RGB+D one-shot test set

#### Results

**before-seen** actions.





• Pre-train Metric GCN on NTU-RGB+D 120 • Validate on NTU-RGB+D 120 one-shot set • Augmentations: random rotations, random moving, random frame dropping, random pivoting • Vary embedding sizes (128, 512) and losses • Easy positive sampling (EPS)

## **Random pivoting**





Original

Pivot about knees and hips

• Metric GCN achieves classification accuracy of 87.4% on all seven never-

SU-EMD (87.4%)

NTU RGB+D (46.2%)

• One-shot metric learning can be used to classify sports actions of motion sequences in a virtual coaching system where users cannot provide many expert examples for the enrolment of new actions.